



**College Station ISD
School Health Advisory Council**



Regular Meeting Agenda
October 4, 2023
4:30 - 5:30 PM
CSISD Boardroom

As required by the State of Texas, School Health Advisory Council meetings must meet the requirements of the open meetings act, allow for public comment, prepare and keep minutes of meetings, make a recording of the meeting, and post this information on the district website.

All postings regarding CSISD SHAC Meeting can be found at the following website:

https://www.csisd.org/departments/health_services/school_health_advisory_council_wellness_plan

The following items will be included on the agenda for the October 4, 2023 meeting:

Item Nos.	Description
A.	Call To Order / Welcome
B.	Documentation of Attendance <ul style="list-style-type: none"> Angie Bates, Erin Ferris, Bridget Goodlett, Essence Matejka, Elisa Beth McNeill, Robert Parnell, Bill Poland, Tamika Rigs, Ashlee Schoenoel, Magan Smith, Kevin Starnes, Megan Symank, Stacie Watson, Bethany West, Julia West
C.	Approval of Minutes from February 2023 Meeting <ul style="list-style-type: none"> Motion to Approve: Erin Ferris Second: Robert Parnell Motion Passes
New Business	
D.	Finalize recommendation for new CSISD SHAC By-Laws <ul style="list-style-type: none"> Motion to Approve: Robert Parnell Second: Erin Ferris Motion Passes
E.	Review SHAC Overview <ul style="list-style-type: none"> Magan Smith presented on the mission of SHAC, SHAC responsibilities, the benefits of SHAC, and the 10 components of school health.
F.	Health/PE Curriculum and Professional Development Update <ul style="list-style-type: none"> Megan Symank shared an overview of health and PE professional

	<p>development.</p> <ul style="list-style-type: none"> ○ August - Reframe scope and vision of PE, FitnessGram training ○ October <ul style="list-style-type: none"> ■ IS & MS professional development from CATCH ■ HS professional development from Goodhart Wilcox ○ February <ul style="list-style-type: none"> ■ Elementary professional development from QuaverEd ○ April - Community health fair
G.	<p>Campus Reports</p> <ul style="list-style-type: none"> ● School Nurse Update <ul style="list-style-type: none"> ○ CSISD purchased a subscription for the Marsh Media growth & development video. This will allow parents to view the video online before opting in for their 4th grade student. ● Counselor Update <ul style="list-style-type: none"> ○ CSISD purchased the CharacterStrong program for K-12th grade students. ○ SHAC watched THIS Welcome to CharacterStrong video. ○ Families can CLICK HERE for additional resources. ● Pecan Trail: Students enjoyed the volleyball unit and are now motivated by the fitness testing in this unit. ● A&M Consolidated High School - CharacterStrong could benefit color guard, band, and students in other extracurricular activities. ● A&M Consolidated High School - Student was nervous about high school, but has had many positive experiences on campus. ● Child Nutrition Update <ul style="list-style-type: none"> ○ Continuing to work on staffing, like many areas of the district. ○ Due to an increase in state funding, students who qualify for reduced lunch receive free breakfast. Reduced lunch costs \$0.40.
H.	<p>Community Reports:</p> <ul style="list-style-type: none"> ● Beth McNeill and Angie Bates shared regarding Mental Health First Aid. <ul style="list-style-type: none"> ○ Texas A&M University and National Alliance on Mental Illness-Brazos Valley received a grant allowing them to provide courses at no cost. ○ NAMI would like to partner with College Station ISD to train all employees in Mental Health First Aid. ○ NAMI also has a Teen Mental Health First Aid course for 10th-12th grade students ○ CLICK HERE for NAMI classes and support groups. ○ Statistically, 1 in 5 people live with a mental illness. ● Bill Poland shared the Brazos County Health District has seen a rise in COVID cases. <ul style="list-style-type: none"> ○ We need to make sure we are washing their hands with soap and water. Hand sanitizer is beneficial, but washing hands is best.
I.	Any New Business
J.	<p>Adjournment</p> <ul style="list-style-type: none"> ● Motion to Adjourn: Beth McNeil ● Second: Angie Bates

	<ul style="list-style-type: none">● Motion Passes
K.	<p>Upcoming Meetings for 23-24 SY:</p> <ul style="list-style-type: none">● Wednesday, November 1 at 4:30PM in CSISD Board Meeting Room● Wednesday, January 17 at 4:30PM in CSISD Board Meeting Room● Wednesday, February 7 at 4:30 in CSISD Board Meeting Room